MISSION

To provide healthy meals to Minnesotans in areas where need is greatest.

VISION

We are guided by our vision that all people – regardless of socioeconomic, cultural, religious, or ethnic background – deserve to meet their basic needs for food, dignity, and respect.

PROGRAMS

Community Meals

We offer free, healthy meals at over 30 community locations. We welcome anyone in need — no questions asked.

Food Rescue

We rescue millions of pounds of food from partnering restaurants, grocery stores, cafeterias, businesses, and more to distribute and repurpose into nutritious meals.

Street Outreach

Every week, our team brings mobile meals and groceries to people experiencing homelessness, to eliminate food access obstacles.

The HUB

The HUB program enables partnering nonprofits and small community meal groups to source healthy food from our inventory to prepare and serve their own meals to their community.

Advocacy

We speak with our guests and share helpful resources to serve their unique needs, including referrals for transportation, housing, health plans, volunteering, and more.

We welcome anyone who would benefit from a free nutritious meal.

Scan the QR code to find the closest community meal site near you and receive any number of meals needed. We encourage you to reach out to our Director of Advocacy for social service referrals and more information: (612) 429-6900





FIND A FREE MEAL

We welcome anyone who would benefit from a free nutritious meal - no questions asked.

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We welcome anyone who would benefit from a free nutritious meal - no questions asked. Our guests actively contribute to reducing food waste and the environmental impact of carbon dioxide.

PAUL

MINNEAPOLIS

Great is Thy Faithfulness

1115 North 30th Ave. Monday-Friday: 5:30 to 6:30 PM

Holy Rosary Catholic Church

2424 18th Ave. S Monday-Thursday: 5:15 to 6:15 PM

ICCM Life Center (lunch)

1812 Park Ave. S

Tuesday-Friday: 1:00 to 3:00 PM

Mount Olivet Lutheran Church

5025 Knox Ave. S Thursday: 4:00 to 5:30 PM

Nokomis Heights Lutheran Church

5300 10th Ave. S Wednesday: 5:00 to 6:00 PM

Peace House Community

1816 Portland Ave. Monday-Friday: 5:00 to 6:00 PM

Prospect Park United Methodist

22 Orlin Ave. SE 3rd Wednesday: 5:30 to 6:30 PM

Proverbs Christian Fellowship Church

(Grocery Distribution Only) 3210 N Oliver Ave. 2nd & 4th Saturday: 11:00 to 12:00 PM

Salvation Army Temple Corps (lunch)

1604 East Lake St.

Monday-Wednesday: 12:00 to 1:00 PM

Serenity Village North (lunch)

3800 Russell Ave. N

Monday-Friday: 12:00 to 1:00 PM

True Vine New Bethel (lunch)

Monday-Friday: 12:30 to 1:30 PM

ST PAUL

Richard M Schulze Family Foundation St. Paul Opportunity Center

422 Dorothy Day Place Every day: 4:30 to 5:15 PM

Our Redeemer Lutheran Church

1390 Larpenteur Ave E Wednesday: 5:30 to 6:30 PM

St. Matthew's Catholic Church

510 Hall Ave.

Monday-Friday: 5:00 to 6:00 PM

BROOKLYN CENTER

Brooklyn United Methodist (lunch)

7200 Brooklyn Blvd. Monday, Wednesday, Friday: 12:00 to 1:00 PM

True Foundation Church Of God

5840 Lilac Dr N Wednesday: 5:30 to 6:30 PM

CRYSTAL

ORTH M

Brunswick United Methodist Church

6122 N 42nd Ave. Wednesday: 5:30 to 6:30 PM

FRIDLEY

Fridley United Methodist Church (lunch)

680 Mississippi St. NE 4th Saturday: 11:30 to 12:30 PM

BLOOMINGTON

Christ the King Lutheran Church

8600 Fremont Ave. S Monday-Friday: 5:00 to 6:00 PM

BURNSVILLE

Faith Covenant Church

12921 Nicollet Ave. Wednesday: 5:30 to 6:30 PM

Easter Lutheran (Easter by the lake)

LAKEVILLE

SOUTH METRO

Hosanna Church

9600 163rd St. W Tuesday: 5:00 to 6:00 PM

RICHFIELD

Hope Presbyterian Church

7132 Portland Ave. S Monday-Friday: 5:00 to 6:00 PM

Woodlake Lutheran Church

2120 W. 76th St. Saturday-Sunday: 5:30 to 6:30 PM

5:30 to 6:30 PM

6070 Cahill Ave. E Monday-Thursday: 5:30 to 6:30 PM

HOPKINS

St. Gabriel Catholic Church

(St. Joseph Campus) 1310 Mainstreet Saturday-Tuesday: 5:30 to 6:30 PM

PLYMOUTH

80

Mt. Olivet Lutheran Church

12235 Old Rockford Rd. Monday: 5:30 to 6:30 PM

Plymouth Covenant Church

4300 Vicksburg Ln. N Saturday: 5:30 to 6:30 PM

CHASKA

Chaska Moravian Church (lunch)

115 F 4th St 2nd Saturday: 12:00 to 2:00 PM

AITKIN

First Lutheran Church

107 2nd St. SE Monday & Thursday: 5:00 to 5:30 PM Tuesday: 12:00 to 12:30 PM

BACKUS

ESOT/

ER

Pine Mountaineer Senior Center

131 Wood St. N Thursday: 4:00 to 5:30 PM

PALISADE

Bethel Lutheran Church (lunch)

411 Main St. Monday & Thursday: 11:30 to 12:00 PM

PINE RIVER

Riverview Church

310 Norway Ave. Monday: 4:00 to 6:00 PM



2639 N Thomas Ave.

EAGAN

4545 Pilot Knob Rd. (Pilot Knob & Cliff) Monday-Thursday: 5:30 to 6:30 PM

SHAKOPEE

St. John's Lutheran Church

119 8th Ave. W Monday, Tuesday, Thursday:

River Heights Vineyard Church